

## The Upanishads

Among the oldest of India's spiritual texts, the Upanishads are records of intensive question-and-answer sessions given by illumined sages to their students. Widely featured in philosophy courses, the Upanishads have puzzled and inspired wisdom seekers from Yeats to Schopenhauer. Eknath Easwaran makes this challenging text more accessible by selecting the passages most relevant to readers seeking timeless truths today. His accessible, highly readable translation and lively foreword place the teachings in a contemporary context for students and general readers alike. (1586380214)

Language: en

Pages(s): 386

Publisher(s): [Nilgiri Press](#)

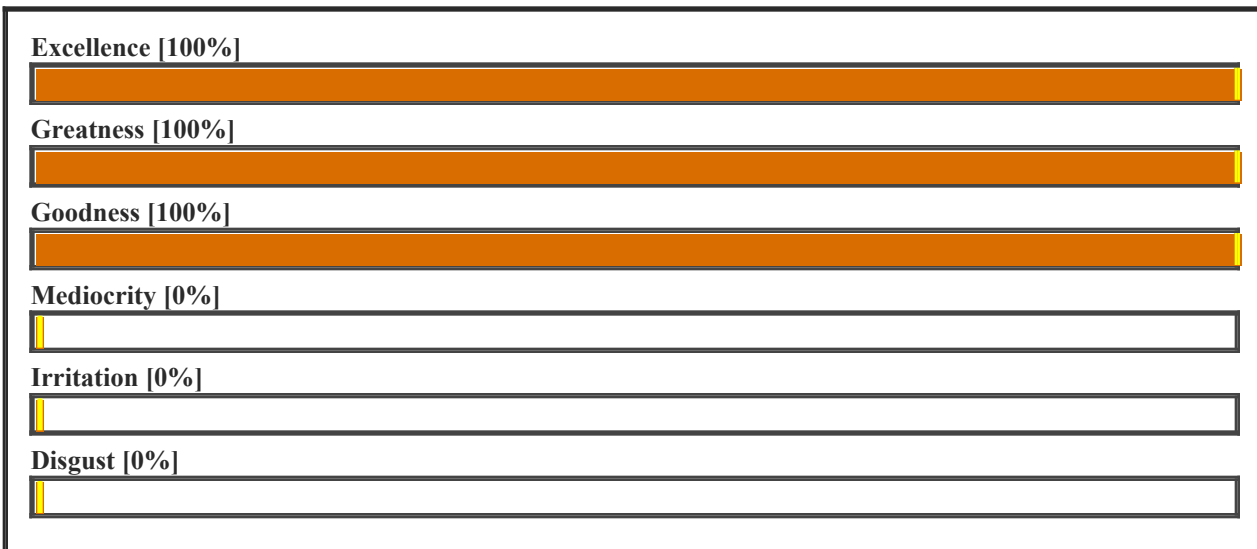
[Eknath Easwaran](#)

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## Guselighting Rating



## 1 Reviews

[Maya](#) says: *One of my favorites as a student of the Sanskrit tradition.*



Excellent Great Good OK Irritating ICK!