



The Science of Self Realization

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"In this book you will discover the timeless science that great teachers have spoken for millennia. The Science of Self-Realization opens up the secrets of the self within, nature and the universe, and the Supreme Self within and without. Here the world's most distinguished teacher of the science of self-realization talks about meditating and practicing yoga in the modern age, gaining liberation from the law of karma, achieving superconsciousness, and much more. In all the interviews, lectures, essays and letters chosen for this special book, His Divine Grace A.C. Bhaktivedanta Swami Prabhupada speaks with startling clarity and power. He proves just how relevant the science of self-realization is to today's world and your own life"--page 4 of cover. (0892131012)

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